

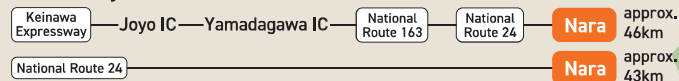
Access to Nara Prefecture

By car

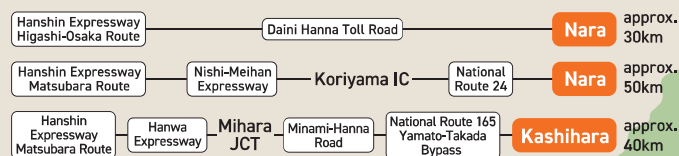
From Nagoya



From Kyoto



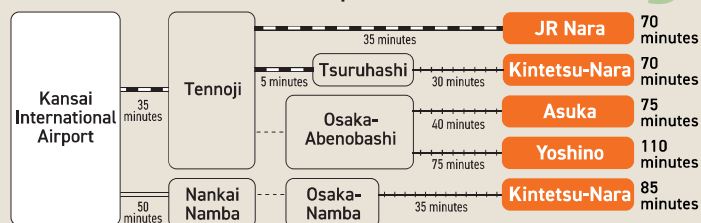
From Osaka



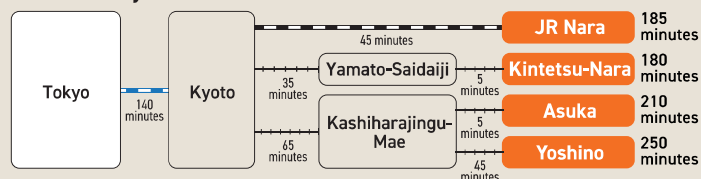
By airplane or train

* The given times are approximate times for the shortest routes using limited express trains, etc.

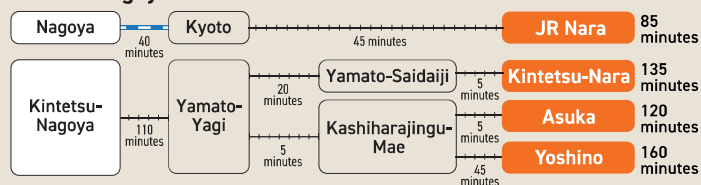
From Kansai International Airport



From Tokyo

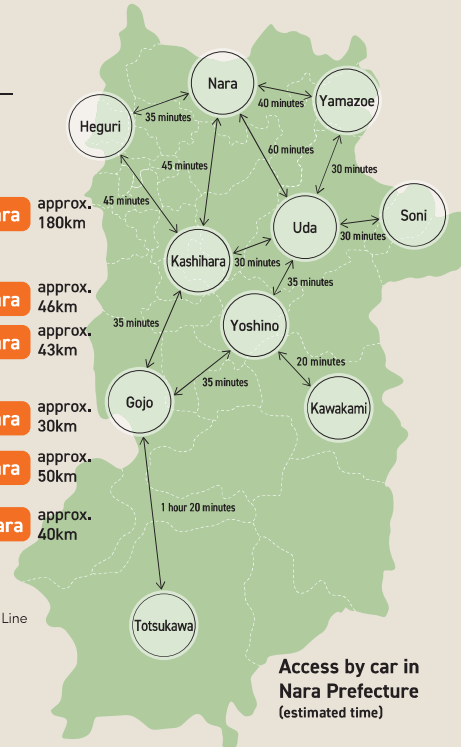


From Nagoya



Food and Agriculture Improvement Division, Food and Agriculture Department, Nara Prefectural Government

TEL:0742-27-7401 FAX:0742-26-6211



Access by car in Nara Prefecture (estimated time)

ならグリーンツーリズム

In addition to the experiences introduced in this magazine, Nara Green Tourism offers a wide variety of food and agricultural experiences nurtured by Nara's climate and history.



奈良コレ

This is a website that promotes the appeal of Nara Prefecture's ingredients, specialties, and local cuisine! You can use this website to search for information on restaurants where you can try dishes made with ingredients produced in Nara Prefecture. The website is packed with information about food in Nara Prefecture.



地味土の香

This is a network brand of agricultural product stores in Nara Prefecture that has signed an agreement with Nara Prefecture. It introduces 41 locations in Nara Prefecture (*as of January 2025).



—Experience the Nature and Blessings of Yamato—

A Guide to Food and Agriculture in Nara



Since long ago, people's lives have been blessed by
the abundance of nature and passed down
from generation to generation.

Culture was born from people's activities in their daily lives,
and marked the beginning of history.
The "present" was created through a fusion of tradition and innovation.
The rich nature of Yamato,
the dietary culture that people have nurtured in their daily lives,
and the ingenuity and technology that bear fruit.
Learn, touch, and taste.
Experience your trip in Nara with your mind and body.



Nara's Seasonal Foods Calendar

Spring

Manju Festival

📍 Rin Shrine
(located within Kango Shrine)(Nara City)

This shrine is dedicated to Lin Jingyin (Rin Jo-in), who brought Japan's first manju, joyo manju, to the country. People offer prayers for the prosperity of the confectionery industry here.



Spring Yamato Vegetables



Hanjiro Kyuri
(Cucumber)



Yamato Marunasu
(Round Eggplant)



Asadori Retasu
(Lettuce)

Summer

Kenpyou Matsuri

📍 Himuro Shrine (Tenri City)

A himuro (natural refrigerator) was discovered here during the reign of Emperor Nintoku. Since then, ice from this himuro has been offered as tribute to the capital, and it is said that a god of ice was worshipped in this area.



Summer Yamato Vegetables



Himo Togarashi
(Chili Pepper)



Ogon Makuwa
(Oriental Melon)



Koshoga
(Ginger)

Autumn

Susuki Votive Lantern Offering

📍 Kamotsuba Shrine (Gose City)

During this autumn festival, many poles with votive lanterns tied to them are gathered. These are known as "susuki", and are said to represent ears of rice. Local believers use them to perform daring dance dedications.



Autumn Yamato Vegetables



Hana Myoga
(Japanese Ginger)



Yuzaki Nebuka
(Green Onion)



Yamato Imo
(Japanese Yam)

Winter

Bokujo Festival

📍 Omiwa Shrine (Sakurai City)

A ritual for divining the price of somen noodles for the year. The results are still used as a reference for the trade of Miwa somen.



Winter Yamato Vegetables



Iwai Daikon
(Radish)



Udakin Gobo
(Burdock)



Yamato Mana

March

April

May

June

July

August

September

October

November

December

January

February

Ichibanacha Tea

Tsuyubancha Tea

Nibanacha Tea

Akibanacha Tea

Strawberries

Strawberries

Mandarins

Persimmons

Blueberries

Figs

Pears

Grapes

Japanese Apricot

Tsutsui Renkon (Lotus Root)

Satoimo (Taro)

Sensuji Mizuna

Yamato Kikuna (Garland Chrysanthemums)

Amago

Sweetfish

Small-flowered Chrysanthemums

Twin-flowered Chrysanthemums

奈良コレ

This is a site that promotes the attractiveness of foods, specialties and local cuisine from Nara Prefecture! You can do a search for restaurants that use ingredients from Nara prefecture.



Spring Recommendations

Mehari-zushi

Mehari-zushi is a dish of rice wrapped in salt-pickled leaf mustard and Shimokita harumana. It was prepared as lunch for people working in the mountains. The leaf mustard and Shimokita harumana are characterized by their large, round and smooth leaves that are succulent, delicious flavors, and mild taste.



Summer Recommendations

Kakigori (Shaved Ice)

The place where ice is stored is known as himuro, and it is said that the emperors of Japan made use of this place to enjoy coolness in summer since ancient times. The Kenpyou Matsuri (ice-offering festival) is held every May at Himuro Shrine in Nara City to offer ice to the gods.



Autumn Recommendations

Kakinoha-zushi

This is sushi made by wrapping salt-pickled mackerel from the Kumano Sea in persimmon leaves. It was made to be served at summer festivals in the Yoshino region. Nowadays, there are many other varieties aside from mackerel, including salmon. In the autumn, you can also find brightly-colored variants made using persimmon leaves that have turned red.



Winter Recommendations

Nara Gibier

This refers to the meat of wild boar and sika deer caught in Nara Prefecture and the dishes prepared using these meats. Wild boar meat is firm, and its fat is sweet. Sika deer meat is high in protein and low in calories. They are used in a wide range of dishes.





North Nara

The tourist attractions located around Nara Park are not the only attractions worth seeing.

From the mountains that stretch from Mount Wakakusa to the northeast to the Yamanobe-no-michi Trail, there are areas with rich dietary cultures shaped by nature and history.

Why not visit and experience it for yourself?



"Experience picking tea in peaceful tea fields in spring and learn how to brew delicious tea."

1 Tea Picking Experience (Romantopia Tsukigase)

☎0743-92-0810

New leaves begin to sprout in the tea fields around May. This is the time of year for picking tea in the Tsukigase area. At Romantopia Tsukigase, visitors can experience picking and processing tea, as well as tour a tea factory. In addition, visitors can experience charcoal making, try their hand at making local cuisine, mochi, konnyaku, and miso under the guidance of local women, as well as purchase specialty products.

▷Address: 707-10 Nagahiki, Tsukigase, Nara City, Nara Prefecture
Business hours: 9:00 - 17:00 (February - September), 9:00 - 16:00 (October - January)
Closed: Monday, Tuesday, Thursday, Friday



2 Konnyaku Making Class (Shigisan Nodoka Village Agricultural Theme Park)

☎0745-73-8203

How about trying out a konnyaku-making experience where you make konnyaku by hand using locally-harvested konnyaku potatoes? The konnyaku even includes the skin of the konnyaku potatoes, and is rich in dietary fiber and ceramide. Come and make delicious konnyaku here! In addition, the park also offers classes on harvesting seasonal fruits, and making jam. There is also a cute animal corner and exercise facilities, allowing visitors to enjoy the fun experiences offered by the woodland to their heart's content.

▷Address: 1-7-1 Shigiminamihata, Sangochi, Ikoma District, Nara Prefecture
Business hours: 9:30 - 17:00 (March - November), 9:30 - 16:00 (December), 9:30 - 16:00 (January and February in weekdays), 9:30 - 17:00 (January and February in Saturdays, Sundays and holidays)
Closed: Thursday (open on holidays), Wednesday and Thursday in winter (December - February)



"Enjoy a konnyaku-making experience that will bring a smile to the faces of both adults and children!"



A "Stay at a hotel in a sake brewery, and taste the charms and culture of sake."

NIPPONIA HOTEL NARA NARAMACHI

Address: 4 Nishijodochi, Nara City, Nara Prefecture Telephone number: 0120-210-289 (V/M General Contact) Closed: No fixed closed days <Meals> Lunch 11:30 - 15:00 (last order at 14:00), Dinner 17:30 - 22:00 (last order at 20:00) <Staying guests> Check-in 15:00 - 20:00/Check-out 12:00
Website: <https://www.naramachistay.com/>

- ◆ Cuisine genre: French cuisine
- ◆ Number of rooms: 8 (maximum capacity of 3 persons)
- ◆ Dinner: ¥10,780 - (including taxes and service charges)
- ◆ Room rate: ¥35,249 - (including taxes and service charges)
(Standard price for one guest for one-night stay with two meals/two guests per room)
- ◆ Activities: Sake brewery tour



B "Enjoy food alongside a space created for the philosophy of Kenkichi Tomimoto, the father of modern pottery."

Ubusuna-no-Sato TOMIMOTO

Address: 1442 Higashiando, Andocho, Ikoma District, Nara Prefecture Telephone number: 0743-56-3855 Closed: Tuesday, Wednesday <Meals> Lunch 11:00 - 14:30 (last entry at 13:00), Dinner 17:00 - (last order at 19:00) (reservations required for both) <Staying guests> Check-in 15:00/Check-out 10:00
Website: <https://and-tomimoto.jp/>

- ◆ Cuisine genre: Japanese cuisine
- ◆ Number of rooms: 2 (capacity for 2 - 8 persons)
- ◆ Dinner: ¥10,000 - (including taxes)
- ◆ Room rate: ¥90,000 - (including taxes)
(Standard price for one guest for one-night stay with two meals/two guests per room)
- ◆ Activities: Painting experience, pottery experience, moss ball making experience



C "Enjoy Yamato vegetables at the oldest soy sauce brewery in Nara Prefecture, renovated as a hotel."

NIPPONIA TAWARAMOTO MARUTO SHOYU

Address: 170 Iyodo, Tawaramotocho, Shiki District, Nara Prefecture Telephone number: 0744-32-2064 Closed: First and third Tuesdays and Wednesdays of every month, <Meals> Lunch 11:30 - 14:30 (last order at 12:00), Dinner 18:00 - 21:00 (last order at 18:30) <Staying Guests> Check-in 15:00/Check-out 10:00
Website: <https://maruto-shoyu.co.jp/>

- ◆ Cuisine genre: Japanese cuisine
- ◆ Number of rooms: 7 (maximum capacity of 5 persons)
- ◆ Dinner: ¥11,000 - (including taxes)
- ◆ Room rate: ¥36,000 - (including taxes)
(Standard price for one guest for one-night stay with two meals/two guests per room)
- ◆ Activities: Vegetable harvesting experience (¥2,200/person), soy sauce squeezing experience



"Enjoy your day off at a mandarin orchard in Tenri, where you can also pick seasonal fruits and have barbecues."

3 Mandarin Picking (Tenri Tourism Orchard)

☎0743-66-1663

This orchard is located halfway along the oldest trail in Japan, the Yamanobe-no-michi Trail, and is a family business that is now run by the third generation of the family since its establishment. Visitors can experience picking mandarins while strolling through the mountains where they are grown, as well as enjoy a break or a barbecue at the café while gazing across the peaceful landscape. The mandarin picking experience begins in mid-October and ends when all the mandarins are gone.

▷Address: 183 Sonoharacho, Tenri City, Nara Prefecture
Business hours: 10:00 - 15:00
Closed: Monday, Tuesday (may be closed on an irregular basis)





Central Nara

The central part of Nara Prefecture was described in an ancient poem as "Yamato, the most wonderful place". It was the capital of Japan during the founding era of the country, and lush mountain ranges cross the area from east to west, as if protecting the former capital.

Feel the blessings of nature as you stand on the mountain ridges and gaze across the basin where the capital is said to have once stood.



"Try your hand at making dairy products at a dairy farm with a superb view. The flavor of the creamy milk is therapeutic."

4 Farm Experience (Latte Takamatsu) ☎0745-62-3953

Latte Takamatsu is a certified educational dairy farm. Visitors can experience making butter and ice cream at this farm, which is built on the theme of "touch, feel, and enjoy". Through these activities, visitors can realize the importance of life and appreciate nature's blessings. How about bringing ice cream, yogurt, or cheese made from fresh Jersey milk home with you as souvenirs?

▷Address: 278-3 Yamaguchi, Katsuragi City, Nara Prefecture
Business hours: 10:00 ~ 17:00 (April ~ November), 10:00 ~ 16:00 (December ~ March)
Closed: Tuesday (April ~ November), Tuesday and Wednesday (December ~ March)



"Enjoy delicious soba made with local buckwheat flour that you grind yourself!"



5 Soba Noodle Making Experience (Kojin-no-Sato Kasa Soba) ☎0744-48-8410

The buckwheat fields in the Kasa region of Sakurai City turn into fields of white flowers around September. This area is blessed with a climate and natural features ideal for buckwheat production, producing high quality buckwheat noodles, and visitors can taste richly-fragrant buckwheat noodles here, as well as try your hand at making them using buckwheat flour. Taste delicious buckwheat noodles made with flavorful Kasa buckwheat that you grind yourself.

▷Address: 4408 Kasa, Sakurai City, Nara Prefecture
Business hours: 10:00 ~ 16:00 (shop open from 9:00 ~ 16:00)
Closed: Wednesday



D "Experience the rediscovery of dietary culture in the heart of a historic neighborhood."

GOSE SENTO HOTEL

• RITA Gosemachi: 1069 Nishimachi, Gose City, Nara Prefecture • Hotel Charinko: 1087 Kamoguchicho, Gose City, Nara Prefecture
• Gose Takarayu: 2-361-5 Mikunidori, Gose City, Nara Prefecture • Western Restaurant Kemuri: 1296 Saikacho, Gose City, Nara Prefecture
Telephone number: 0745-49-0854 Closed: Restaurant: Tuesday and Wednesday/Hotel: Wednesday <Meals> Lunch 11:30 ~ 15:00 (last order at 14:00) * Dinner 18:00 ~ 22:00 (last order at 20:00) <Staying Guests> Check-in 15:00/Check-out 11:00/Hotel Charinko 10:00
Website: <https://www.gosemachi.com/>

- ◆ Cuisine genre: Western cuisine
- ◆ Number of rooms: [RITA Gosemachi] 4 (maximum capacity of 13 persons), [Hotel Charinko] 4 rooms (maximum capacity of 8 persons)
- ◆ Dinner [Western Restaurant Kemuri] ¥7,700 ~ (including taxes and service charges) * Average ¥10,000
- ◆ Room rate: [RITA Gosemachi] ¥45,000 ~ (including taxes and service charges)
(Standard price for one guest for one-night stay with two meals/two guests per room)
[Hotel Charinko] ¥30,000 ~ (including taxes and service charges)
(Standard price for one guest for one-night stay with two meals/two guests per room)



E "Experience unending history at an auberge on a hill overlooking the Yamato Basin."

AUBERGE de SENVIE

Address: 2217 Taie, Sakurai City, Nara Prefecture Telephone number: 0744-42-0505
Closed: Monday and Tuesday * Open on holidays <Meals> Lunch 12:00~15:00 Dinner 18:00~22:00 <Staying Guests> Check-in 15:00 / Check-out 11:00 <Scheduled to open in late April 2025>
Website: <http://hirakawa-corp.com/senvie/>

- ◆ Cuisine genre: French cuisine
- ◆ Number of rooms: 9
- ◆ Dinner: ¥16,500 ~ (including taxes and service charges)
- ◆ Room rate: ¥34,800 ~ (including taxes and service charges)
(Standard price for one guest for one-night stay with two meals/two guests per room)



F "Taste the season's flavors in a traditional house in a historic neighborhood."

Farmer's Auberge Komorebi

Address: 4-10-6 Imaicho, Kasahara City, Nara Prefecture Telephone number: 0744-48-0458
Closed: Mondays (open on holidays, closed the following Tuesday)
<Meals> Lunch 11:00 ~ 15:00 (last order at 14:00), Dinner 18:00 ~ 21:30 (reservations required) <Staying Guests> Check-in 16:00/Check-out 10:00
Website: https://www.instagram.com/komorebi_nara/

- ◆ Cuisine genre: Japanese/Western fusion cuisine
- ◆ Number of rooms: 1 (maximum capacity of 3 persons)
- ◆ Dinner: ¥3,500 ~ (including taxes)
- ◆ Room rate: ¥12,000 ~ (including taxes)
(Standard price for one guest for one-night stay with two meals/two guests per room)



6 Soy Sauce Making Experience (Tokuboshi Shoyu Brewery)

☎0744-54-2023

Located near the approach to Okaji Temple, Tokuboshi Shoyu is a naturally-brewed soy sauce store that has been open since 1918. Their soy sauce is matured over time in cedar vats inherited from the store's founder, and is characterized by its sweetness, slightly strong flavor, and rich aroma. Visitors can tour the brewery, try their hand at making soy sauce, and sample soy sauce while listening to explanations of the soy sauce making process.

▷Address: 1168 Oka, Asuka Village, Takaichi District, Nara Prefecture
Business hours: 9:30 ~ 18:00
Closed: Sunday



"Smell the aroma of a brewery that brews soy sauce together with history. Experience and taste the flavors of the traditional manufacturing process."





East Nara

The Yamato Plateau, located in the eastern part of Nara Prefecture, is a region blessed with abundant nature.

The climate, with its large differences in temperature, has nurtured the region's unique agriculture and dietary culture throughout its long history.

Enjoy an experience that will nourish your body and soul with the beauty of the mountains and the clean air.



"Enjoy picking blueberries in a village full of flowers in full bloom! Make jam to bring home as a souvenir."



7 Blueberry Picking

(Hana-no-Sato Takidani Shoubu Garden)

☎0745-92-3187

This area is known for its gloriously blooming irises and seasonal flowers.

Blueberries bloom in spring with many small white, lily-like flowers, followed by leaves, and then bear fruit through the summer.

Visitors can experience blueberry picking and jam making from mid-July to the end of September (varies depending on growth and weather conditions).

▷Address: 348 Muroutakidani, Uda City, Nara Prefecture
Business hours: 9:00 ~ 16:00
Closed: Open year-round



Photo courtesy of Uda City (Tourism Division)

8 Organic Vegetable Harvesting (Yamaguchi Farm)

☎0745-82-2589

At Yamaguchi Farm, which practices organic agriculture, visitors can enjoy touring the fields and composting area, as well as try their hand at harvesting vegetables. Visitors can also have a fun experience using edible dyes created from vegetable paste, an Organic Village initiative. You can hear about, feel, and experience SDG issues through agriculture. You can also take Yamaguchi Farm's original curry home with you as a souvenir.

▷Address: 332 Haibaraogai, Uda City, Nara Prefecture
Business hours: 8:00 ~ 17:00
Closed: Open year-round



"A harvesting experience where you can also have fun learning about SDGs from the perspective of organic vegetable production."

G "Experience the rhythm of a rural community through the scenery from a window that changes over time."

ume, yamazoe

Address: 452 Katahira, Yamazoe Village, Yamabe District, Nara Prefecture
Telephone number: 0743-89-1875 Closed: 12/27 ~ 1/5
<Meals> Lunch/Dinner (reservations required) <Staying Guests>
Check-in 15:00 ~ 19:00/Check-out 11:00
Website: <https://www.ume-yamazoe.com/>

- ◆ Cuisine genre: Japanese cuisine
- ◆ Number of rooms: 3 (maximum capacity of 2/8/8 persons)
- ◆ Dinner: ¥11,000 ~ (includes taxes)
- ◆ Room rate: ¥33,550 ~ (includes taxes)
(Standard price for one guest for one-night stay with two meals/two guests per room)
- ◆ Activities: Sauna



H "Sunrise, sunset, and starry skies: an auberge where you can experience nature in every season."

Soni Kodama Resort TAWA

Address: 664 Taroji, Soni Village, Uda District, Nara Prefecture
Telephone number: 080-1503-5401 Closed: Wednesday (check website), closed for lunch on certain days (check website) <Meals> Lunch 11:00 ~ 15:00 (reservations required by the day before), Dinner (reservations required) <Staying Guests> Check-in 15:00/Check-out 10:00
Website: <https://soni-kodamaresort.com/>

- ◆ Cuisine genre: Japanese/Western fusion cuisine
- ◆ Number of rooms: 2 (maximum capacity of 2 ~ 4 persons)
- ◆ Dinner: ¥6,600 ~ (minimum of 2 persons)
- ◆ Room rate: ¥17,490 ~ (including taxes)
(Standard price for one guest for one-night stay with two meals/four guests per room)
- ◆ Activities: Vegetable harvesting experience, furnace cooking, bonfires, motorized tricycles, etc.



I "You can experience encountering a different you through a dialogue with peaceful nature."

Auberge in the forest ki-ra-ra

Address: 658-1 Konagao, Soni Village, Uda District, Nara Prefecture
Telephone number: 0745-88-9155 Closed: Wednesday <Staying Guests> Check-in 16:00/Check-out 11:00
Website: <https://www.kirara-soni.com/>

- ◆ Cuisine genre: French cuisine
- ◆ Number of rooms: 1 (maximum capacity of 4 persons)
- ◆ Room rate: ¥38,500 ~ (including taxes)
(Standard price for one guest for one-night stay with two meals/two guests per room)



J "A nostalgic unspoiled Japanese landscape — experience the rebirth of body and soul in a mountain village."

Uda Medicinal Bath Inn, Yatakiya

Address: 1835 Haibarayataki, Uda City, Nara Prefecture
Telephone number: 0745-85-3650 Closed: Wednesday <Meals> Lunch 11:30 ~ 14:30 (last order at 14:00), Dinner 18:00 ~ 21:30 (last order at 21:00)
<Staying Guests> Check-in 15:30/Check-out 10:00
Website: <https://yatakiya.jp/>

- ◆ Culinary genre: Creative Italian cuisine
- ◆ Number of guest rooms: 4 rooms (maximum capacity of 16 persons)
- ◆ Dinner: ¥13,200 (including tax and service charge)
- ◆ Room rate: ¥70,400 ~ (including tax and service charge)
(Standard price for one guest for one-night stay with two meals/two guests per room)
- ◆ Activities: Yoga experience, spa experience, weather tour, e-bikes, etc.





South Nara

Surrounded by mountains and forests, the natural environment in southern Nara Prefecture is harsh, but the agricultural and dietary culture here is diverse. Nature's blessings originate from water and forests, which are the source of food, and the plants and creatures that live there. By learning about the history and culture that originated there, you will be able to enjoy deeper flavor experiences.

"Encounter stunningly delicious flavors in a mountain village with spectacular views."

9 "Mehari-zushi + Cooking with Morning Harvested Vegetables" Plan (Kominka Omori no Sato)

☎080-2543-5552

Mehari-zushi is a large rice ball wrapped in salt-pickled leaf mustard. The name of this traditional dish is said to come from the Japanese for "opening one's mouth as though opening one's eyes wide" or "stunningly delicious". When staying at Omori no Sato, you can participate in a plan where you can make your own mehari-zushi and dishes using local vegetables. You can enjoy the experience of staying and tasting food here at your leisure.

▷Address: 487 Musashi, Totsukawa Village, Yoshino District, Nara Prefecture
Business hours: Reservations required
Closed: No fixed closed days



10 A program for enjoying the entirety of Kawakami Village (Kawakami Genryū Tourism)

☎0746-52-0333

This program allows visitors to experience the nature, history, and culture of Kawakami Village, including the beauty of nature in all seasons, the village's history that can be traced back to ancient times, and the wisdom of the people who live in this mountain village. Your guides will be ordinary villagers. Spend a relaxing and fulfilling time with long-time residents of Kawakami Village.

▷Address: 1F, Shoko Kaikan, 1335-3 Sako, Kawakami Village, Yoshino District, Nara Prefecture
Business hours: 9:00 - 17:00
Closed: Wednesday



"Dive into the rich mountain greenery of Kawakami Village and learn about the history and culture of nature."



K "Stay in a traditional house where dignity and friendliness coexist."

Hotel & Cafe Restaurant KANAU

Address: 1 Anou, Nishiyoshinocho, Gojo City, Nara Prefecture Telephone number: 0747-32-0080 Closed: Open year-round (restaurant closed on Monday) <Meals> Lunch 11:00 - 16:00 (last order at 15:30), Dinner 16:00 - 21:00 (reservations required) <Staying Guests> Check-in 15:00/Check-out 10:00 Website: <https://kanau1318.jp/>

- ◆ Cuisine genre: Italian cuisine
- ◆ Accommodation: 1 vacation rental (maximum capacity of 8 persons), limited to 1 group per day (dogs allowed)
- ◆ Dinner (per person): ¥16,500 - (including taxes)
- ◆ Room rate: ¥10,000 - (including taxes) (standard price for one guest for one-night stay with no meals/two guests per room)



L "Historic buildings, hospitality, and services reminiscent of a bustling bygone era."

Gojo GENBEI/Yanaseya Inn

Address: 2-5-17/2-7-3 Honmachi, Gojo City, Nara Prefecture Telephone number: 0747-23-5566 Closed: Open year-round (restaurant closed on Tuesday) <Meals> Lunch 11:00 - 12:30 - (2 sessions, priority reservations), Dinner 17:30 - 20:30 (reservation-only) <Staying Guests> Check-in 14:00/Check-out 10:00 Website: <http://yanaseya.info/>

- ◆ Cuisine genre: Japanese cuisine
- ◆ Number of rooms: 2 vacation rentals (maximum capacity of 2 persons/2 - 5 persons), limited to 2 groups per day
- ◆ Dinner (per person): ¥8,500 - (including taxes)
- ◆ Room rate: ¥13,200 - (including taxes) (standard price for one guest for one-night stay with no meals/two guests per room)



M "Detached rooms equipped with open-air natural hot spring baths — enjoy all of those things at this hotel."

Totsukawa, Tosenji Onsen Yunotani SENKEI

Address: 714-2 Musashi, Totsukawa Village, Yoshino District, Nara Prefecture Telephone number: 0746-62-0888 Closed: No fixed closed days * Consult us if you would like dinner only <Staying Guests> Check-in 15:00/Check-out 11:00 Website: <http://www.yunotanisenkei.jp/>

- ◆ Cuisine genre: Japanese cuisine
- ◆ Number of rooms: 9 (maximum capacity of 3/4 persons)
- ◆ Room rate: ¥41,800 - (including taxes) (standard price for one guest for one-night stay with two meals/two guests per room)



"Experience making sausages by hand with home-grown pork and appreciate the bounty of nature."



11 Handmade Sausage Experience (Farmhouse Restaurant Baaku)

☎0747-25-0701

Baaku is located in a village that sits a little deeper in the mountains away from the road. The log house serves as a landmark, and here, you can experience making sausages by hand using pork from pigs slowly raised on homemade compound feed. You can also enjoy the natural deliciousness of the fragrant sausages and pork at lunchtime afterwards at the guesthouse.

- 15 or more persons * Reservations must be made at least 1 month in advance (please consult with us)

▷Address: 719 Owa, Gojo City, Nara Prefecture
Business hours: 11:00 - 14:00
Closed: Wednesday and Sunday



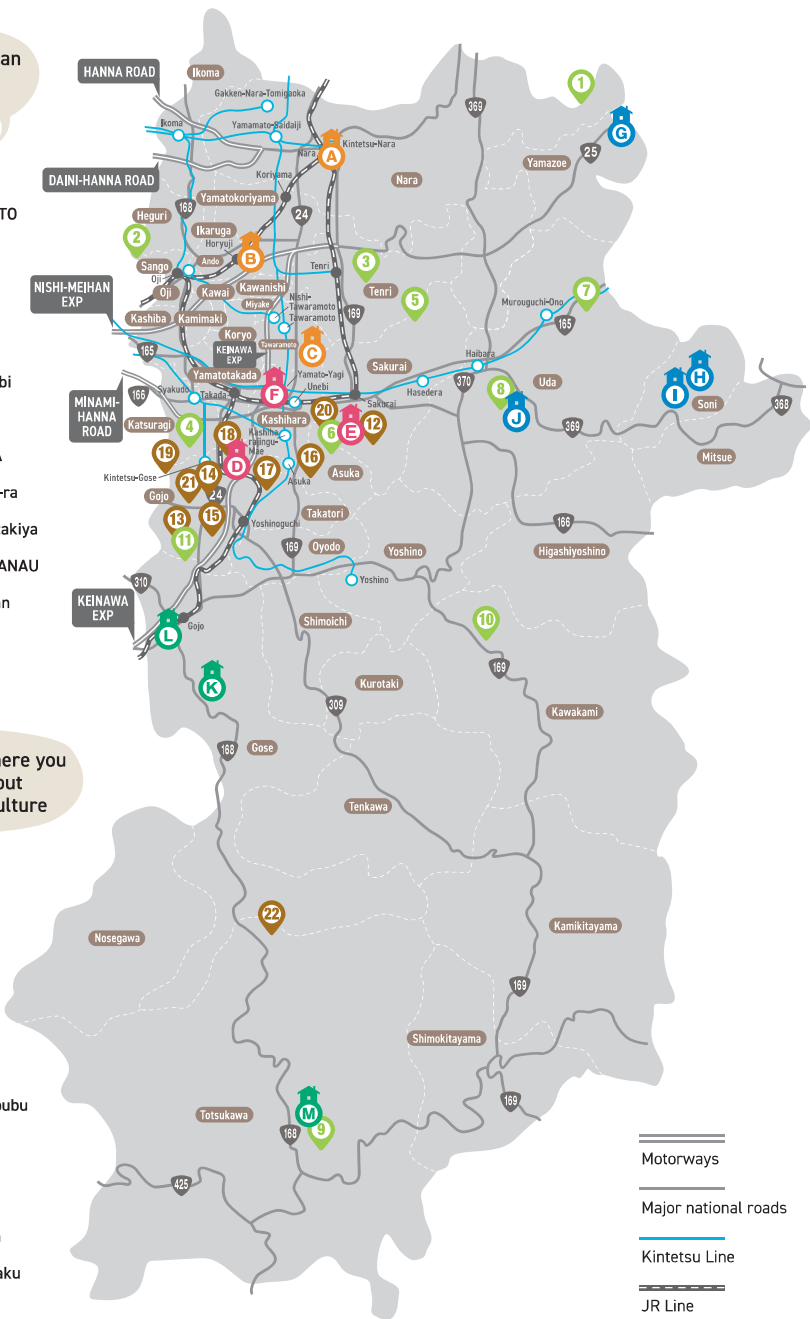
Enjoy a special experience at farm stay facilities and auberges in Nara Prefecture.

Auberges where you can taste the essence of quality travel.

- A** NIPPONIA HOTEL NARA NARAMACHI
- B** Ubusuna-no-Sato TOMIMOTO
- C** NIPPONIA TAWARAMOTO MARUTO SHOYU
- D** GOSE SENTO HOTEL
- E** AUBERGE de SENVIE
- F** Farmer's Auberge Komorebi
- G** ume, yamazoe
- H** Soni Kodama Resort TAWA
- I** Auberge in the forest ki-ra-ra
- J** Uda Medicinal Bath Inn,Yatakiya
- K** Hotel & Cafe Restaurant KANAU
- L** Gojo GENBEI / Yanaseya Inn
- M** Totsukawa,Tosenji Onsen Yunotani SENKEI

Hands-on facilities where you can enjoy learning about Nara's food and agriculture

- 1** Romantopia Tsukigase
- 2** Shigisan Nodoka Village Agricultural Theme Park
- 3** Tenri Tourism Orchard
- 4** Latte Takamatsu
- 5** Kojin-no-Sato Kasa Soba
- 6** Tokuboshi Shoyu Brewery
- 7** Hana-no-Sato Takidani Shoubu Garden
- 8** Yamaguchi Farm
- 9** Kominka Omori no Sato
- 10** Kawakami Genryū Tourism
- 11** Farmhouse Restaurant Baaku



Relaxing farm stays and accommodations



12 Hotel Nara Sakurai no Sato
2220-1 Tale, Sakurai City
Tel. 0744-48-0620



13 Cafe & Guest House Omoya Morimoto
994 Nishisabi, Gose City
Tel. 090-6609-7518



14 Cochi stay
351-2 Nagara, Gose City
Mail: info@mokuzo-architect.jp



15 Gose Tayumu inn
367 Funaji, Gose City
Tel. 0745-27-9562



16 Asuka no oyado kitora inn
204 Abeyama, Asuka Village, Takaichi District
Tel. 090-9879-7226



17 Japanese Folk Life Katsuemon
166 Imazumi, Gose City
Tel. 0745-67-0548



18 YADO SAKURA
1603-22 Kamoguchicho, Gose City
Tel. 070-8452-5736



19 Katsuragi Highlands Lodge
2569 Kujira, Gose City
Tel. 0745-62-5083



20 BRANCHERA VILLA ASUKA
660 Asuka, Asuka Village, Takaichi District
Tel. 06-6203-2565



21 Guest House Sanroku-no-Ouchi
606 Mashi, Gose City
Tel. 080-4010-3600



22 Farmer's Guest House Totsukawa Nobu-chan
387-2 Nutanohara, Totsukawa Village, Yoshino District
Tel. 0747-36-0128



Your itinerary is up to you! You will love Nara even more! / Sample itineraries for enjoying Nara's food, agriculture, history, and culture

Northern Area

- Day 1 | Nara City
- Kango Shrine (Visit)
 - Naramachi (Stroll)
 - (Lunch)
 - Toyosawa Sake Brewery (Visit)
 - A** NIPPONIA HOTEL NARA NARAMACHI (Stay)
- Day 2 | Ikaruga Town/Ando Town
- Horyuji Temple (Visit)
 - (Lunch)
 - Ando Town Museum of History and Folklore (Visit)
 - Ando Town Streets (Stroll)
 - B** Ubusuna-no-Sato TOMIMOTO (Stay)
- Day 3 | Tawaramoto Town
- C** NIPPONIA TAWARAMOTO MARUTO SHOYU (Soy sauce squeezing experience/Lunch)

Central Area

- Day 1 | Sakurai City/Vicinity of Asuka Village
- Omiwa Shrine (Visit)
 - Imanishi Sake Brewery (Visit)
 - (Lunch)
 - Yamanobe-no-Michi Trail (Stroll)
 - Strawberry picking experience (Asuka Village)
 - E** AUBERGE de SENVIE (Stay)
- Day 2 | Gose City/Gojo City
- Katsuragi Mitoshi Shrine (Visit)
 - Bodaiji Temple (Visit)
 - Baaku (Lunch)
 - Gose Machi (Stroll)
 - D** GOSE SENTO HOTEL (Stay)
- Day 3 | Kashiwara City
- Imaicho Streets (Stroll)
 - F** Farmer's Auberge Komorebi (Lunch)

Eastern Area

- Day 1 | Uda City/Soni Village
- Butsuryuji Temple
 - Senbonsugi (Visit)
 - (Lunch)
 - Kadofusa Shrine (Visit)
 - I** Auberge in the forest ki-ra-ra (Stay)
- Day 2 | Soni Village/Yamazoe Village
- Soni Highlands (Stroll)
 - H** Soni Kodama Resort TAWA (Lunch)
 - Mee-Mee Farm (Tour)
 - Nabekura Valley (Tour)
 - G** ume, yamazoe (Stay)
- Day 3 | Uda City
- Udano Mikumari Shrine (Visit)
 - Organic vegetable harvesting experience (Uda City)
 - J** Uda Medicinal Bath Inn, Yatakiya (Lunch)

Southern Area

- Day 1 | Yoshino Town/Oyodo Town/Gojo City
- Kiyomihara Shrine (Visit)
 - Pear picking experience (Oyodo Town)
 - (Lunch)
 - Goshin Railway Kokutetsu Bus Sakamoto Line (operating for a limited time)
 - K** Hotel & Cafe Restaurant KANAU (Stay)
- Day 2 | Totsukawa Village
- Tanise Suspension Bridge (Stroll)
 - (Lunch)
 - Tamaki Shrine (Visit)
 - M** Totsukawa,Tosenji Onsen Yunotani SENKEI (Stay)
- Day 3 | Gojo City
- Gojo Shinmachi (Stroll)
 - L** Gojo GENBEI / Yanaseya Inn (Lunch)

(Itinerary symbols)
On foot Bus